

Social Health

RBWM Youth Engagement + Opportunities

The Royal Borough of Windsor and Maidenhead run several groups to **engage** with young people living and going to school in the borough including:

- [RBWM Youth Council](#)
- [RBWM Girls Forum](#)
- [Inclusion Ambassadors](#)
- [Changing Voices Youth Clinics](#)

To find out more or to get involved, click [here](#) or contact Elaine Keating:

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Multiple **uniformed groups** for young people operate locally. There are different groups, units, and platoons meeting in Windsor/Maidenhead. Search for: [Scouts](#), [Girl Guides](#), [Volunteer Police Cadets](#), [Sea Cadets](#), or [Army Cadets](#) for further information about what's available near you.

The **Family Hub** offers support for young carers and young people facing a variety of challenges. Click [here](#) to find out more about the support available.

RBWM Local Offer

If you are a young person with a Special Educational Need or Disability (SEND), the [local offer](#) outlines what activities and clubs are available locally. Click below for further information about:

- [Sport and outdoor activities](#)
- [Arts, crafts and gaming](#)
- [Singing, dance and drama](#)
- [Relaxed sessions for families](#)
- [Social groups](#)
- [Maidenhead Mencap youth club](#)

Resources

[Friendships: Top Tips](#), Young Minds

[Social Media and Mental Health](#), Young Minds

[Friendship Guide for Young People](#), The Children's Society